

Route Reference	Description	Distance (km)	Ascent (m)	Time	Difficulty
WaterAid Route 1 - Slieve Binnian (Silent Valley Views Challenge Hike)	For those looking for a challenge - start at Silent Valley and follow the path which rises gently to Ben Crom. Take the steps to the top of Ben Crom dam and use this as a great photo opportunity looking back across the valley. Keeping Slieve Binnian on your right climb to the Buzzard's Roost. Follow the trail past the North Tor, Black Castles and catch your breath at the Summit Tor. Skirt around the South Tor on your descent (keeping them to your right) and rejoin the Mourne Wall. Follow it over Wee Binnian and Moolieve and descend down into Silent Valley.	11.4	653	4 - 4.5 hours	3
WaterAid Route 2 - Slieve Meelmore (Summit Hut Hike)	Stop by one of the 3 'summit huts' which can be found along the Mourne Wall on Slieve Meelmore, the 7th tallest peak in the Mournes. Start at Meelmore Lodge and walk along the foot of Slieve Meelmore to Happy Valley. Ascend the valley to join the Mourne Wall. Follow it to the summit stopping at the hut then descend towards Trassey Track, passing the Bearnagh Slabs on your right. Follow Trassey back towards Meelmore Lodge	8.9	462	3 - 3.5 hours	2
WaterAid Route 3 - Slievenaglogh (Silent Valley Views Short Hike)	For those wanting to take in the sights of Silent Valley with a shorter and lower path than the Silent Valley Challenge start at Banns Road and hike out a short distance to meet the Mourne Wall. Follow it to the summit of Slievenaglogh and continue along on your descent. Descend to meet the Banns Rd trail and take it back towards the start / end point.	6.4	240	2 - 2.5 hours	1